

# Case Study: Back Pain

Jim's Story



Some time ago on the radio I heard two doctors having all sorts of fun talking about chiropractic health along with blood testing to see what other factors could be affecting your health.

I had the following conditions when I first started treatment with Thrive Health Systems: both shoulders were very stiff, I could hardly give myself a hug because of the discomfort (pain) from my shoulders. I had serious "head forward" posture, my neck was not as flexible as it should be, and my posture was not good overall.

Within Three Months Of Starting Care, Pain Dropped To 0/10, and 0% of symptoms occurring throughout the day.

**Want Proof? See Backside For Full Diagnostics.**

## Complaints

- Shoulder Pain
- Neck Mobility

## Solution

- Spinal Alignment
- CBP Traction

## Results

- Pain Reduced
- Neck Mobility Improved

## Doctor's Story

Jim initially presented to our office after being under chiropractic care at another office, and not seeing the results he desired. After reviewing his x-rays it was determined he had 42.4 mm of forward head posture along with a 65% reduction of his cervical curve leading to problems. His lumbar spine showed a 53% loss of curve. We went to work with Jim using Chiropractic Adjustments and Chiropractic BioPhysics (CBP) traction.

At the time this case study is being written Jim has improved subjectively by noting that his shoulder pain and discomfort has resolved. He noted subjective improvements of pain going to 0/10 and 0% of symptoms occurring throughout the day, all within 3 months of starting care. Objectively, Jim has improved his cervical curve by 67% and lumbar curve by 85%.



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

# Case Study: Back Pain

## Diagnostics: Before And After Treatment

1: Side View of Your Neck on 8/29/2018



Front

Back

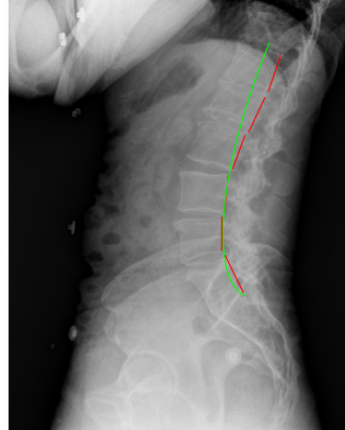
2: Side View of Your Neck on 10/16/2018



Front

Back

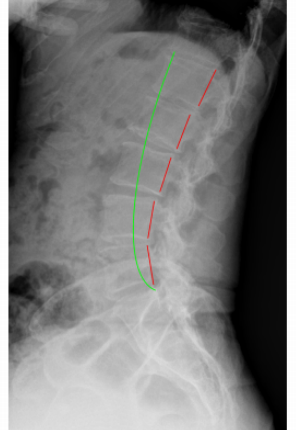
1: Side View of Your Low Back on 5/14/2018



Front

Back

2: Side View of Your Low Back on 9/27/2018



Front

Back

Overall Neck Curve  
Improved 67%

Lumbar Curve  
Improved 85%

Pain Lessened,  
Mobility Improved!

### Key Points

- Chiropractic BioPhysics Seeks To Restore Curves To Natural Position.
- Jim's Previous Chiropractors Were Unfamiliar With Those Principles, Which Is Why Jim's Symptoms Returned When He Stopped Treatment.
- An Approach That Corrected The Problem, Versus Just "Treating" The Problem, Got Jim Real Results That Didn't Fade With Time. Way To Go Jim!