

# Case Study: Migraines

Julie's Story

When I came into Thrive, I had been suffering with migraine headaches almost weekly for the previous two years. At times, the migraines were so bad; I was unable to go into work.

Over that two year period, I met with many different doctors and tried several different types of medications and treatments. Nothing was able to completely resolve my migraines.

Then I came into Thrive. During our consultation, the doctor took a detailed history and performed a thorough exam. Since beginning treatment 7 months ago, I have only had two migraines.

Want Proof? See Backside For Full Diagnostics.

## Complaints

- Weekly Migraines
- Neck Pain

## Solution

- Spinal Adjustments
- Spinal Decompression
- Functional Movement Training

## Results

- Cervical Curves Improved
- Migraines Reduced To 1 In 3 Months

## Doctor's Story

When Julie came in to our office, she mentioned that she frequently suffered from migraine headaches that would last anywhere from one to three days. These headaches would often keep her from going to work.

In the three years prior to starting care, she had seen several different types of doctors including neurologists. Unfortunately, none of the treatments she was prescribed provided her with relief.

Since beginning care, Julie has only had two small migraines and has not had any in the last three months. This is longest Julie has gone without a migraine in over three years.

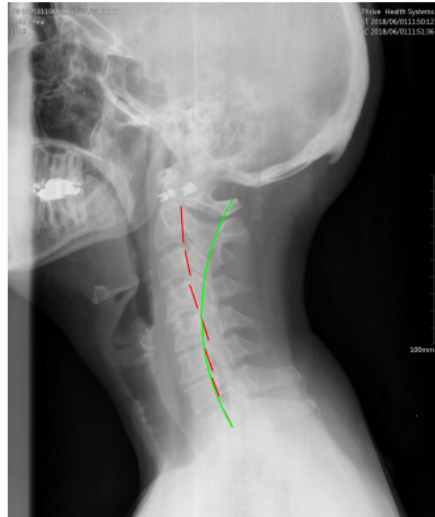


Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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## Diagnostics: Before And After Treatment

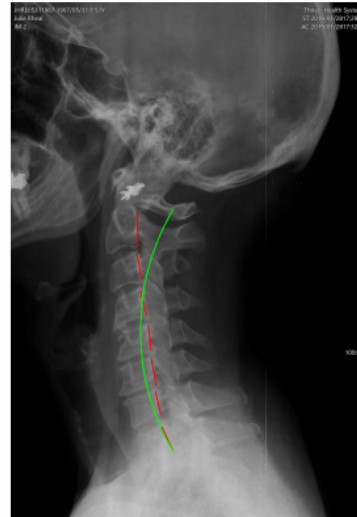
1: Side View of Your Neck on 6/1/2018



Front

Back

2: Side View of Your Neck on 1/31/2019



Front

Back

Forward Head Translation Changed 37.8%

Cervical Curve Improved 29.8%

Migraines Decreased From Weekly, To 2 In 7 Months

### Key Points

- Migraines Ruin Quality Of Life, And Can Have Dietary Causes, And/Or Structural Causes
- For This Patient, A Structural Correction Approach Helped Them Get Their Life Back To Normal Without Drugs. We're Happy For You Julie!