

Case Study: Neck Pain

Kim's Story



My first appointment at Thrive with X-Rays showed why I'd been struggling with neck and shoulder pain for decades, due to a past car accident. Adjustments took away the pain in just a few months.

I also came to Thrive to up my game on my Thyroid Health, needing support with food allergy testing and supplements. I'm feeling SO much better now. After a life-time of struggling with exhaustion, panic attacks and more, the Doctors suggested a test for MTHFR, a genetic mutation keeping B Vitamins from being used by the body. This was a great turning point in my health.

Then, in June I joined Thrive's new Weight Loss Program. 4 months of working out I've lost 25 lbs and 19 inches, look and feel stronger and more toned, and look forward to my next bone density test to show the positive results too! :) I recommend THRIVE to everyone.

Want Proof? See Backside For Full Diagnostics.

Complaints

- Neck / Should Pain
- Weight Gain
- Fatigue / Panic Attacks

Solution

- Laser Therapy
- Spinal Alignment
- Functional Medicine
- Functional Movement

Results

- Out Of Pain
- 25lbs Lost
- No More Panic Attacks Or Fatigue

Doctor's Story

Kim demonstrated significant issues on her x-rays, which was causing her pain in her shoulders and neck. Kim also had some health goals beyond correcting her structure; she wanted to see if it was possible to address her Thyroid issues and she wanted to lose some weight.

The first step was getting her out of pain, and we addressed that with an approach including spinal alignment and laser therapy. The next step was to address her fatigue and Thyroid issues - we proceeded in a battery of tests to identify the root cause of the issue, one of those being the MTHFR marker, for which she tested positive. We modified her diet and supplement regiment to address that.

Finally, we addressed weight loss through both a Functional Medicine and Functional Movement Training approach. To date, Kim is happy, pain free, has lost 25lbs and 19 inches, and has a new lease on life!



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

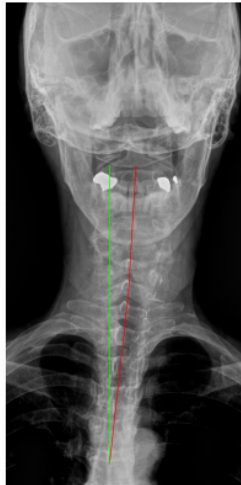
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Diagnostics: Before And After Treatment

X-RAY Comparative Report

Anterior/Posterior Cervical Level

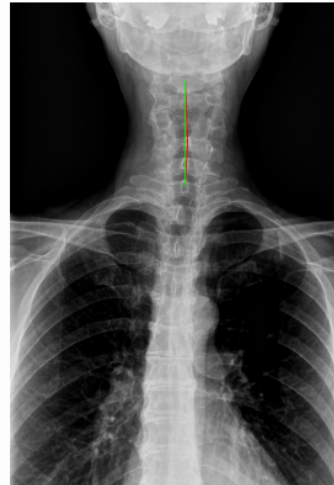
1: Front View of Your Neck on 10/27/2015



Right

Left

2: Front View of Your Neck on 7/18/2017



Right

Left

Neck Alignment
Improved 93.8%

Neck And Shoulder
Pain Resolved. Lost
25lbs, No More
Fatigue

Got Her Life Back!

Key Points

- Motor Vehicle Accidents, (MVA's) Can Be Devastating. This Patients Neck Pain Was Combined With MTHFR That Left Her Feeling Fatigued And In Pain
- A Natural, Step-By-Step Approach Worked For Kim And Got Her Life Back. Awesome Job Kim!