

Case Study: Sciatica

Nikki's Story



I LITERALLY crawled into Thrive. I couldn't stand upright, sit, or drive. My back and hips were full of pain, making my life miserable. I had had back pain on and off for years, but NEVER anything remotely close to what I felt when I first came in. A good friend of mine recommended Thrive, so I decided to give it a try.

When I was evaluated, the doctors told me I had severe degenerative disc disease in my lumbar spine which was causing Sciatica (the burning in my legs). They went a step further than other doctors by explaining not only the condition that was causing the pain, but WHY I had developed that condition in the first place. I had degenerated the discs in my back which was causing ongoing issues.

The doctors put together a plan of action with time tables for when I should be getting better and a plan to follow up and measure my improvement objectively. Now, I consider it a bad day if I have even minor pain in my back as opposed to the severe pain that was my daily reality before. I am SO grateful for the doctors at Thrive and being able to get my life back.

Want Proof? See Backside For Full Diagnostics.

Complaints

- Back Pain
- Leg Pain
- Numbness/Tingling/Burning

Solution

- Chiropractic Care
- Spinal Decompression
- CBP Protocol

Results

- Can Walk Again
- Burning Pain Gone
- Zero Numbness
- Back To Living!

Doctor's Story

Nikki presented with debilitating sciatic pain and inability to walk. Patient physically crawled in to our office on all fours, and had to be physically assisted to the New Patient examination room. Nikki wanted to be able to continue working as well as be a good mom to her son. After x-rays, we found severe degenerative disc disease prevalent through entire lumbar spine. Additionally, Lumbar curvature was nearly 0 degrees, (100% loss from normal value).

Nikki had suffered multiple car accidents in her past. She was never treated consistently for those injuries, but felt at the time that no permanent damage was done. We started treatment immediately to reshape the abnormal spinal curvature and remove pressure from her lumbar discs and nerves. At the time this case study is being written, Nikki has completely corrected her lumbar spine issues and is mostly pain-free for over a year.

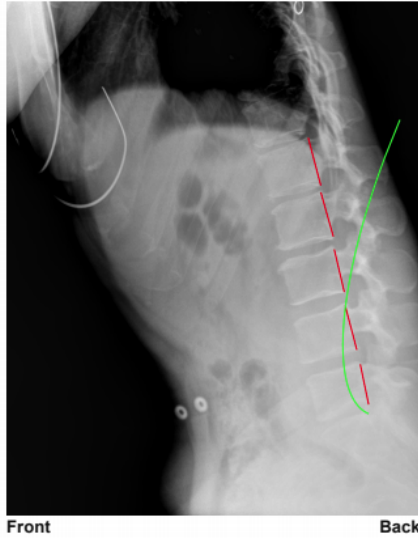


Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

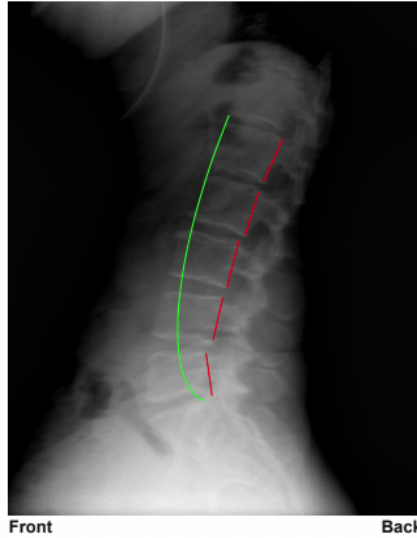
Case Study: Sciatica

Diagnostics: Before And After Treatment

1: Side View of Your Low Back on 11/1/2016



2: Side View of Your Low Back on 5/1/2017



Lumbar Curve
Improved 1,143%

Rib Cage Position
Improved 162%

Sciatica Gone!
Walking Again!

Key Points

- Headaches, Numbness, Pain, And Tingling, Can Be Common, But Is Not "Normal" - It Is A Warning Sign That The Body Needs Help, And Fast!
- The Accidents And Traumas Of Life Took This Patient To Being Unable To Walk While Still Young.
- A Comprehensive Approach hat Included Spinal Adjustments, Decompression, And Traction Worked For This Patient. Congratulations Nikki!