


Case Study: Prostate

Jon's Story



I had a routine blood test which indicated that my PSA score was high, a possible indicator of prostate cancer. My doctor said that due to my age, my blood pressure was slightly elevated, so here's a pill for that. My cholesterol was slightly elevated, so here's a pill for that. And my thyroid was not performing right, so here's a pill for that too. But when I got the PSA bad news and they wanted to biopsy, I decided to do some research.

I found Thrive, and we did the necessary testing. Went on the detox protocol and meal plan for 3 months. Results showed that my thyroid had then normalized, and my cholesterol had improved. Both medications were no longer necessary. And best of all, my PSA number dropped into the normal range...what a relief. I also dropped another 30 pounds without even trying. My quality of life has improved so much in such a short period of time.

Want Proof? See Backside For Full Diagnostics.

Complaints

- Elevated PSA
- Low Thyroid
- Weight Gain
- Heart Health

Solution

- Functional Medicine
- Spinal Alignment
- Detox

Results

- Lost 30 Lbs
- PSA Normal
- No More Heart Meds

Doctor's Story

Jon had some problems: overweight (wanting to lose 20 lbs), fatigue, and hypothyroidism. However, the biggest reason for coming to see us was an elevated PSA level. PSA test is a blood test used primarily to screen for prostate cancer. As you can imagine, this was Jon's biggest concern.

His labs revealed elevated levels of 2 different kinds of LDL cholesterol. These 2 (ox-LDL, sdLDL) have a high correlation with heart disease and are involved in plaquing of the arteries specifically. Jon was headed toward a major crisis.

We put Jon on a protocol to heal his gut. Within 5 months, Jon's PSA levels had normalized. His ox-LDL and sdLDL numbers were also within normal limits. Jon also reported the following: lost 30 lbs "without even trying", more energy, less brain fog and a major improvement in overall quality of life!

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Diagnostics: Before And After Treatment

LipoProtein Markers	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	sdLDL* (mg/dL)	33.3				≤50.0		≥50.1
Inflar	ox-LDL* (U/L)		60.8		≤60.0	60.1~70.0	≥70.1	74.7 05/16/2018
Tumor Markers		Current	Reference Range			Previous		
PSA (Total) (ng/mL)		4.01	≤5.40					

Normal PSA
Normal Thyroid
Levels

Improved
Cholesterol Levels

Crisis Avoided, Lost
30lbs "Without
Trying"

Key Points

- Prostate Cancer Is A Concern For Many Men. By Addressing The Gut, Many Times The Body Can Heal A Variety Of Physiological Dysfunctions.
- A Natural, Comprehensive, Functional Medicine Approach Worked For Jon!
- We Are Thrilled Whenever A Patient Can Get Off Their Meds And Get Back To Living. Way To Go Jon!