

# Case Study: Migraines



I was suffering from chronic migraines that occurred at least once per month (sometimes more), and lasted a week at a time. I also had horrible dizzy spells.

Then I came to Thrive, where I learned that I had a reverse curve in my cervical curve in my spine. Since then, I no longer experience dizzy spells at all! If I get a migraine at all, it lasts only a couple of hours. Overall my health has increased because of doctors at Thrive.

Want Proof? See Backside For Full Diagnostics.

## Complaints

- Migraines
- Dizziness
- Back Pain

## Solution

- Spinal Adjustments
- Functional Movement Training
- Traction Therapy

## Results

- Migraines Reduced
- Dizziness Gone
- Back Pain 1/10

## Doctor's Story

When Clara came into the office she had a debilitating migraine and was so dizzy she had a problem standing. We could barely get through the examination due to her vertigo. She was experiencing migraines and at times her migraines would last up to a week at a time.

X-rays were taken and upon evaluation it was discovered she had a completely reversed curve. A multi-stage care plan was designed for her that was first addressed her symptoms. After those were under control, we went to work correcting the problem through a combination of mirror-image Chiropractic adjustments, FMT, and Cervical Traction.

To date her curve has improved significantly along with her dizzy spells and migraine episodes. This is after only six weeks of care - we look forward to getting to 100% shortly.

# Case Study: Migraines

## Diagnostics: Before And After Treatment

1: Side View of Your Neck on 10/19/2018



Front

Back

2: Side View of Your Neck on 2/9/2019



Front

Back

Overall Neck Curve  
Improved 2,476%

Forward Head  
Posture  
Improved 68.7%

Migraines Gone,  
Pain Reduced,  
To 1/10

### Key Points

- Migraines Can Steal The Joy From Life. Head Posture And Cervical Curve Both Play A Critical Role In Health And How We Feel
- This Patient Had Head Posture And Cervical Curve Problems That Needed Correction.
- Once Those Problems Were Corrected, The Symptoms Faded Away. Awesome Job Ciara!

