

Case Study: Neck Pain

Tim's Story



Before I found Thrive, I was experiencing dizziness, head and neck pain, and nausea. After speaking with the doctor, I received a treatment plan including adjustments, Functional Movement Training, and a home exercise program.

Since following the plan, my symptoms have greatly decreased. Following the home exercise program and adjustments together have made a positive change in my health. I will continue with treatments and look forward to more improvements. Also, the staff is very professional and caring.

Want Proof? See Backside For Full Diagnostics.

Complaints

- Vertigo
- Nausea
- Head/Neck Pain

Solution

- Spinal Alignment
- Functional Movement Training
- Spinal Remolding

Results

- Symptoms Reduced 90%
- Can Participate In Activities Again

Doctor's Story

Tim presented to our office with vertigo. Over time it had progressed to the point he could no longer function and felt sick continually.

After the first chiropractic treatment, Tim had some immediate improvement, but then symptoms got worse. We noticed that when we would address his cervical spine his symptoms would almost immediately lessen or have some improvement. We shifted the approach, and went to work with an approach that included Upper Cervical adjustments, FMT, and spinal remolding.

Tim's symptoms of dizziness and nausea has improved 90% and he is able to function and drive again. He is also able to participate in his recreational outdoor activities, where before his dizziness rendered him incapacitated.



Every Patient Is Different. This Is Not A Guarantee Of Results. You may get better or worse results depending on a variety of variables.

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Diagnostics: Before And After Treatment

1: Lateral Cervical 10/24/2018



Anterior Posterior

2: Lateral Cervical 12/18/2018



Anterior Posterior

This colored curved line represents the Normal Spinal Position and expected path of the posterior longitudinal ligament.

This colored dotted line represents the patient's position known as George's Line. This is the path of the posterior longitudinal ligament.

Neck Curve From 20
Degrees To 22.5
Degrees

Forward Head
Posture 26.5mm to
16.5mm

Symptoms Reduced
90% - Back To Active
Lifestyle

Key Points

- Neck Pain And Vertigo Can Become A Debilitating Condition, Especially When Nausea Is Present
- Different Approaches Work For Different Patients. For This Patient, A Comprehensive Approach Including Upper Cervical Adjustments, FMT, And Spinal Remolding Worked. Awesome Work Tim!